

## SHARED WITH NEIGHBORS ON CHESTERFIELD AVE. FROM JUNEWAY TO LYNDALE

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How can a neighbor help you?

- Get my groceries/prescriptions
- I'm high risk; can't go out
- I'm nervous/afraid, need to talk
- I'm not connected to the internet

*(fill in the blanks – call or send a text)*

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### GET GROCERIES PUT IN YOUR CAR

You can order your **groceries** on the Walmart app and have them delivered to your car for **FREE**. Start by choosing a day and time for pick-up, then fill your cart and pay for your order. Tap the app when it's time to go to the store and then again when you arrive. Check your items when they arrive, sign for your order and put everything in the car. You're ready to go in about 5 minutes!

The Red Cross is in need of **blood donations**. Healthy people can donate blood and one donation can save up to 3 lives.

[www.redcrossblood.org](http://www.redcrossblood.org)

## LET'S DO OUR BEST TO HELP ONE ANOTHER AS COVID19 PANDEMIC CASES RISE

Infection statistics have begun to spike in the USA and Maryland. Let's prepare to help one another as the worst of the pandemic is predicted to be upon us in the coming weeks.

**Safeway** has **FREE**, next-day prescription delivery **until May 1<sup>st</sup>**. Same-day prescription deliveries cost less than \$14.00. Call **410-319-8620** for more information.

Because of the Coronavirus COVID19 Pandemic, the **deadline** for filing **Federal taxes** was moved from April 15<sup>th</sup> to July 15<sup>th</sup>. The IRS never calls to ask for payment over the phone.

During this emergency, **pet owners** may struggle with finding **pet food**. During difficult times, they think about giving their animal to a shelter, but that doesn't have to happen.

If you need a little help feeding your pet, please consider taking advantage of the **Thankful Paws Pet Mobile Food Pantry**. CALL: **410-907-PAWS**  
<https://www.thankfulpaws.org/>

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The **Maryland Department of Aging** has a first-in-the-nation, free Senior Call Check program, which provides peace of mind by checking in on seniors living at home alone. You can register yourself or a loved one. Call **1-866-50-CHECK**

Governor Hogan is highlighting how Marylanders are helping one another with the hashtag **#MarylandUnites**.

### **DON'T GO THRU THIS ALONE**

If you are out of work, or if you are caring for someone who is sick, you have neighbors who want to help, but they won't know if you don't say something. Stay in touch or reach out to your neighbors. Many are willing to help without expecting anything in return. We will get through this better together.

Marylanders are now ordered, by state law, to stay at home, except for essential errands. We are encouraged to continue the practice of "Social Distancing", staying at least 6 feet away others.

## **PLEASE DON'T FLUSH WIPES**

Because of the COVID19 pandemic people are using more **bleach wipes** to sanitize high traffic surfaces. When done, they are flushing them, and sewers are becoming clogged. This creates sewage back-ups.

**Please put used bleach wipes in the trash.** Because these wipes contain bleach, any germs, bacteria and viruses cannot grow on them. Save yourself from having to call the plumber, please just put them in your trashcan.

### **COVID19 HAS NO KNOWN CURE**

People who call, email or come to your door, offering a test kit or a remedy that claims to treat or cure the CoronaVirus COVID19, **it is a SCAM**. For more information contact the FDA at: **Drug.info@fda.hhs.gov (855) 543-3784, (301) 796-3400.**

Wash your hands frequently, and avoid touching your face.

### **PREPARED BY NEIGHBOR:**

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